

Tyler's Daily Medicine Schedule

MORNINING

Pills

Adek (multivitamin, one tablet)
Caltrate (Calcium supplement, one capsule)
Claritin (10mg, one tablet)
Marinol (5mg, one marble, or two 2.5mgs)
Minocycline (100mg, one capsule)
Prevacid (30mg, one capsule)
Valtrex (500mg, one tablet)
Floenase (nose spray, two squirts each nostril)
Azithromycin (250mg, one tablet, **ONLY M, W, F**)

Nebs

Pulmozine
Tobi (*when off Calistin*)
Calistin (*when off Tobi*)
2 puffs of Advair 500/50 (*or 2 puffs of Flovent, and two puffs of Serevent*)

30 minutes of Acapella

Insulin

Carbo Count

12-15 grams = 1 unit
(test before and one to two hours after meals)

***If Blood Sugar over 200, use scale for exact ml of Insulin**

**(purp top)(150-200 = 1ml,
(201-250 = 2ml,
(251- 300 = 3ml)
(301- 350 = 4ml)**

(below 70 = -1)

EVENING

Pills

Adek (multivitamin, one tablet)
Caltrate (Calcium supplement, one capsule)
Marinol (2.5mg, one marble)
Minocycline (100mg, one capsule)
Singulair (10mg, one tablet)
Valtrex (500mg, one tablet)
Floenase (nose spray, two squirts each nostril)

Nebs

Tobi (*when off Calistin*)
Calistin (*when off Tobi*)
2 puffs of Advair (*or 2 puffs of Flovent, and two puffs of Serevent*)

30 minutes of Acapella

Insulin

3ml of NPH (orange top)

***ScandiShake after dinner, whenever possible**

***Exercise 15 to 20 minutes, everyday or every-other day**

***Two puffs of Ventolin, when needed**

***Abutural Neb, when needed**

***40mg of Prednisone, when needed. (*Call Boyle when start*)**

***Adavan- pre picline**

NIGHT

Feeding

3 cans of Nutrient 2.0